# High School at Siena Living a Balanced Life

### **Homework**



- 2 hours of homework
- minutes of homework per subject
- subjects or fewer
- 20 minutes of independent reading

Students have the opportunity to seek help from teachers during school hours.



# **College Counseling**

- Personalized college application list
- College admissions counselors visit Siena
- Accommodations arranged for on-site ACT exams and prep
- College admissions essay written in school

# Independence



With initial support, students work to gain skills in organization and time management which lead to academic independence.

## Leadership



Students hold **leadership positions** within the school through **student clubs** such as Student Council, by **organizing school events** like dances, spirit days, participating on **sports teams**, **producing the yearly school play**, and volunteering.

# **Sports Teams**



- 1. Volleyball
- 2. Jiu Jitsu
- 3. Soccer
- 4. Cross Country
- 5. Basketball
- 6. Tennis
- 7. Softball
- 8. Flag Football



# **Internship Program**

2

weeks of internship every school year

This allows students to explore career interests, practice applying for a job, network with professional mentors, and develop independence and self-advocacy skills.



# **Service Learning**

**60** 

Minimum of hours of completed community service before graduation, but **Siena students enjoy volunteering** and often go above and beyond the requirements



### **Electives**

Theatre
Music
Studio Art
Photography

Art Foundations
Fine Art Portfolio
Foundations of Robotics
Exploring Engineering
Performing Arts